### Catalina Environmental Leadership Program

# **Parent Information**

Please copy and distribute to all parents.

### What is CELP?

The Catalina Environmental Leadership Program (CELP, pronounced "kelp") is an overnight outdoor education program located on the beautiful west end of Catalina Island off the coast of southern California. CELP combines the experience and creative efforts of Catalina Island Camps (<a href="www.catalinaislandcamps.com">www.catalinaislandcamps.com</a>) and the Ocean Futures Society (<a href="www.oceanfutures.org">www.oceanfutures.org</a>), led by world renown ocean explorer Jean Michel Cousteau. While at CELP, students are led on a variety of land and sea activities, each blending outdoor adventure with learning and team building. Learn more about CELP by visiting our website (<a href="www.celp.net">www.celp.net</a>).

# The Site

School groups stay at the camp at Howlands Landing on the California-facing side of Santa Catalina Island, about 22 miles from the port of Los Angeles. Several hundred feet of beach and a private pier provide access to the beautiful waters surrounding Catalina Island. The secluded spot allows for ample exploration of the island's unique and unspoiled plant and animal life. In addition to the location there are many other qualities that make the site ideal for school year programs.

All students and school chaperones live in simple yet comfortable and clean cabins located right on the beach or in a field overlooking the ocean. Restroom and shower facilities are in close proximity to all cabins.

The kitchen staff provides three well-rounded meals a day and can accommodate a variety special dietary needs if properly notified.

CELP Instructors are first aid, CPR, and lifeguard certified. They are hired based on skills, character, personality, attitude, and leadership ability.

## Travel to the Island

Groups visiting CELP travel on the Catalina Express ferry from San Pedro, California, home of the Port of Los Angeles. The ferry ride takes a little over an hour. Schools may be traveling to the camp with student's from other schools. For information about the Catalina Express, visit <a href="https://www.catalinaexpress.com">www.catalinaexpress.com</a>.

## **Contacting Students at CELP**

If you wish to send mail to your child please allow at least five days for mail delivery from Los Angeles to the island. Please send letters only, **no packages**. Please address mail to:

Your Child's Name, School Name Catalina Island Camps P.O. Box 5083 Avalon, CA 90704

Please contact your school first if you need to get a message to a student or chaperone attending CELP. Your school can contact staff and teachers on the island. You may also call our mainland office during business hours at (626) 296-4040. For after-hour emergencies only, you may call the on-site CELP Director at (626) 808-3752. **There are no phones available for students to use while at camp.** Students will **not** have access to computers or the internet. You will be contacted by the school in a timely manner if any issues arise with your child during camp.

# **CELP Packing List**

#### Clothing:

Warm jacket (nights are cool)

Sweatshirt or sweater (preferably with hood)

Rain gear (we will be outside rain or shine)

Hiking shoes

Tennis, running, or walking shoes

T-shirts

Under clothing

Swimsuit(s)

Jeans or long pants

Shorts

Warm pajamas

Several pairs of socks

Hat with brim for sun protection

Sandals with a backstrap that can get wet or water shoes

#### **Optional Items:**

Beanie hat, gloves (for colder weather)

Inexpensive camera, film

Underwater camera

Playing cards

Writing materials, stamps, pen

Books

Rashquard

Snorkel, mask, fins, wetsuit (CELP **does** provide)

Money for store, in small bills (store sells t-shirts, postcards,

souvenirs, toiletries, etc.) Store clothing ranges in price from \$12-\$50

110111 \$12-\$30

#### **Personal Gear:**

Warm sleeping bag (temps to 45°)

Pillow

Towels (1 bath, 1-2 beach)

Sunglasses

Day pack

Soap, shampoo

Toothbrush, toothpaste

Sunscreen

Lip balm with sunscreen

Flashlight

#### Rain Gear: It does rain on Catalina!

Rain Gear (raincoat, waterproof pants and/or plastic poncho)

Extra Sweatshirt or Sweater

Extra pair(s) of socks

#### DO NOT BRING:

iPods, iPads, mp3 or CD players, etc. cell phones, laptops, DVD players, expensive clothing, jewelry, etc., food, drinks, candy, gum

- CELP will provide each student with a new 1 liter water-bottle for them to keep.
- Keep in mind that students will need to be able to carry their own luggage and to store it under their beds.
- Please label all items with student's name and name of school.
- CELP is a phone free environment. No phones during program and meals.

#### **Summer and Family Programs**

**Jean-Michel Cousteau Family Camp**: A five-day retreat of adventure, discovery and fun camp activities with Jean-Michel Cousteau and his staff on Catalina Island. For information, call (626) 296-4040, email <a href="mailto:info@catalinaislandcamps.com">info@catalinaislandcamps.com</a> or visit <a href="www.catalinaislandcamps.com/our-programs/jean-michel-cousteau-family-camp/">www.catalinaislandcamps.com/our-programs/jean-michel-cousteau-family-camp/</a>

**Catalina Island Camps Summer Program**: Resident camp for boys and girls ages 8-16 that provides unique opportunities for children to develop life-long skills in a fun and cooperative group living environment. For information, call (626) 296-4040, email <a href="mailto:info@catalinaislandcamps.com">info@catalinaislandcamps.com</a> or visit <a href="mailto:www.catalinaislandcamps.com">www.catalinaislandcamps.com</a>

### Catalina Environmental Leadership Program

Student Health Form

Attention to Parents and Guardians!! This form will be used by the camp, school, and medical professionals in the event of an emergency. Please take the time to fill it out thoroughly and completely. Use the back of this sheet as needed. Thank you!

School Name:			
Student Name:	Pronouns:	Birth Date:	
Street Address:	City, State	City, State, Zip Code:	
Emergency Contacts			
Guardian Name Guardian Name	Relation Relation	PhonePhone	
Emergency Contact if Guardian not available			
Name	Relation	Phone	
Important Health Information: For the following categories, please descraccommodations required on site. Use the	e back of this sheet as needed.		
Food Allergy/Dietary restrictions (vegetari	ian, kosner, etc. <u>) complete this online</u>	Torm and list here:	
Allergies (environmental, medication, bee	stings, etc):		
Reactions:			
Treatment:			
Physical restrictions (injuries, disabilities,	etc):		
Social/Behavioral (ADD, ADHD, ODD, pho	bias, anxiety, etc):		
Any medication currently taken (prescribe	ed & over-the-counter):		
Other medical conditions (diabetes, asthm	na, heart conditions, etc):		
Insurance Information			
Name of Your Insurance Company:			
Address of Insurance Company:		Phone #	
Parent/Guardian Authorization The information on this form is correct and complete and seek emergency treatment for my child, which n ordering x-rays or routine tests. I give permission to ti necessary for insurance purposes. In the event I can secure and administer treatment, including hospitaliza and grant permission for the students to participate if from liability and accept and assume full risk and resp to use any photos or video taken of my child in their	may include administering non-prescription medi- the camp to arrange necessary related transportation to the reached in an emergency, I hereby give pe- ation, for the person named above. I understand in all camp activities, except as noted. I release consibility for injury and illness resulting from the	cation under the supervision of the group leader, tion for my child and to the release of any records rmission to the physician selected by the camp to there are risks associated with the CELP program, Catalina Island Camps, Inc. and their employees	
Parent/Guardian Signature			
Printed Name:		Date:	

[Minor] Student Waiver, Release, Indemnification of All Claims & Covenant Not to Sue and COVID-19  Notice Acknowledgment of Risk
Initia I, in my individual capacity and my legal capacity as the parent/guardian of the minor named below, do hereby acknowledge and agree that participation in Catalina Island Camps, Inc. comes with inherent risks. I have full knowledge and understanding of the inherent risks associated with Catalina Island Camps, Inc. participation, including but in no way limited to illness, including exposure to and infection with viruses or bacteria.
Coronavirus / COVID-19 Warning & Disclaimer  Coronavirus, COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a mean to prevent the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in Catalina Island Camps, Inc. or accessing Catalina Island Camps, Inc. facilities could increase the risk of contracting COVID-19. Catalina Island Camps, Inc. in no way warrants that COVID-19 infection will not occur through participation in Catalina Island Camps, Inc. programs or accessing facilities.
I agree that to abide by all CDC, federal, county, state and local regulations and recommendations concerning COVID-19 as well as any policies that <b>Catalina Island Camps, Inc.</b> may adopt. Without limiting the foregoing, I agree that the minor named below will not come to camp if they, or anyone in their household, have displayed a fever or any other symptoms of COVID-19 within the past 72 hours or if fewer than ten days have passed since their symptoms first appeared. I agree that if the minor named below has tested positive for COVID-19 then they will not attend <b>Catalina Island Camps, Inc.</b> until they have received two negative tests in a row, at least 24 hours apart.
Waiver, Release, & Covenant Not to SueInitia In consideration of the minor named below's participation in Catalina Island Camps, Inc., I, the parent/guardian of the minor named below, agree to release and on behalf of myself and the minor named below, our heirs, representatives, executors, administrators, and assigns, HEREBY DO RELEASE Catalina Island Camps Inc., its officers, directors, employees, volunteers, agents, representatives and insurers ("Releasees") from any causes of action, claims, or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which I, the named minor, my heirs, representatives, executors, administrators and assigns may have, now or in the future, against Catalina Island Camps, Inc. on account of personal injury, property damage, death or accident of any kind, arising out of or in any way related to the use of Catalina Island Camps, Inc. facilities/equipment or participation in Catalina Island Camps, Inc. programs whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to the negligence of Releasees and claims related to exposure to COVID-19. This waiver and release does not extend to claims for gross negligence, intentional or reckless misconduct, or any other liabilities that California law does not permit to be released by this agreement.  I understand that by signing this release, I am waiving any and all claims of any kind arising out of or attributable to the minor named below's participation in Catalina Island Camps, Inc., including those claims that may be unknown to me, or which I do not suspect to exist at this time. WITH THE INTENTION OF WAIVING ALL UNKNOWN AND UNSUSPECTED CLAIMS, I HEREBY EXPRESSLY WAIVE ALL RIGHTS, BENEFITS, AND PROTECTIONS I MAY HAVE UNDER CALIFORNIA CIVIL CODE SECTION 1542, WHICH READS AS FOLLOWS: A general release does not extend to claims that the creditor or releasing party does not know o suspect to exist in his or her favor at the time of exe
I hereby certify on behalf of myself and the named minor that I have full knowledge of the nature and extent of the risks inherent in Catalina Island Camps, Inc. participation and that I, on behalf of myself and the named minor, am voluntarily assuming said risks. I understand that I and the named minor will be solely responsible for any loss or damage, including personal injury, property damage, or death, the named minor sustains while participating in Catalina Island Camps, Inc. and that by signing this agreement I, on behalf of myself and the named minor, HEREBY RELEASE Releasees of all liability for such loss, damage, or death. I further certify that the named minor has no conditions or impairments which would preclude their safe participation in Catalina Island Camps, Inc
I further certify that my date of birth is (MM/DD/YYYY), that my present age is, that I am therefore of lawful age (18 years or older) and otherwise legally competent to sign this agreement, and that I have legal capacity to act as the parent/guardian of the named minor. I further understand that the terms of this agreement are legally binding and certify that I am signing this agreement, after having carefully read it, of my own free will.

Date

Parent/Guardian Name (Print Clearly)

Student Name (Print Clearly)

Parent/Guardian Signature